

Serenity Lounge

Corporate Wellness Program



Stillness

Inflammation & Wellness Center

www.EmbraceStillness.org

How we can enhance your employee benefits

Today's employers are facing an increasing challenges with employee burnout, stress-related absenteeism, recruitment competition, and retention concerns. A comprehensive Wellness Center Membership Program provides a proactive solution that supports faculty and staff, while strengthening the business's culture of well-being.

This is more than a wellness benefit—it's an investment in human performance, employee engagement, and institutional excellence.



The Stillness Wellness Investment That Supports Multiple Strategic Goals

Our Wellness Membership Program for your University can contribute to:

- ✓ Reduced stress-related absenteeism
- ✓ Improved employee satisfaction
- ✓ Increased retention
- ✓ Enhanced recruitment competitiveness
- ✓ Stronger campus culture
- ✓ Increased employee engagement
- ✓ Student wellness support
- ✓ Positive institutional reputation

About Serenity Lounge

Our Serenity Lounge will be opening this September 2026 to Huntsville, TX.

Serenity Membership Hours:

Sunday 9:00 am -8:00pm

Mon – Friday 7:00 am -8:00pm

Closed on Saturday

About Us:

At Stillness Inflammation & Wellness Center, we focus on nurturing balance and restorative health through natural, evidence-based practices. Our holistic approach merges specialized testing with tailored wellness plans, aiming to address chronic inflammation, stress, and fatigue. We believe in empowering our clients with knowledge and support, creating a healing environment that fosters both physical and emotional well-being.

Our experienced team is dedicated to guiding you on your health journey, offering personalized strategies that encompass nutrition, stress management, and integrative therapies. At Stillness, our commitment is to help you not just manage symptoms, but to achieve a state of optimal health and overall wellness.

We are your Holistic Functional Medicine Practitioner.

We are your # 1 Best Inflammation Clinic in Huntsville, TX



What is included?

Wellness Recovery/Serentiy Lounge Access- Unlimited Access for 12 Full Months!

Your 12 Month Program will include UNLIMITED access to all services below:

- Salt Therapy
- Infrared Therapy
- Vibroacoustic Vibration Therapy
- PEMF (Pulsed Electromagnetic Field) Therapy
- Yoga/ Thai Chi/ and Other Relaxation Classes
- Mindful Meditation Classes
- Burnout Prevention Classes
- Health and Nutrition Workshops
- Herbal Remedies Workshops

Plus (1) Free One-on-One Nutritional Consultation

***Stillness Inflammation & Wellness Center Functional Medicine Consultation, Lab Testing, Herbs, and Supplements are not included in this package membership. Only the items listed above are included. All other services are needed to be purchase by the individual.*

How much for the Program?

This will be a contract of 12-month access for all employees.

All employees will have access to above services in that 12-month duration.

Price per employee for the year is based on the number of employees in the program. The more employees, the cheaper the program. Here is an average overview for the cost.

Please contact Stillness for an exact cost amount.

Corporate Rate does not go less than 100 employees. This is a flat rate per contract year and not a monthly rate.

Employees	Cost	Total Cost
100	\$200 each	\$20,000
500	\$175 each	\$87,500
1500	\$125 each	\$187,500
3000	\$100 each	\$400,000
5000	\$85 each	\$425,000

Payment:

½ due 30-days prior to contract start date

½ remaining balance due 6 months after first payment

Thank you

Please Contact Dr. Savannah Hobbs directly for this program at Stillness Inflammation & Wellness Center.

Dr. Savannah Hobbs

s.hobbs@embracestillness.org

www.EmbraceStillness.org